



*Exclusive Designs for*

# **STALKING AWARENESS**

Please call

**800.408.8159**

or visit our website

**[www.psacorp.com](http://www.psacorp.com)**

# STALKING

**POWER. CONTROL. ILLEGAL.**

# STALKING

**ART - 512A**

# STALKING AWARENESS

**Understanding STALKING**

What is Stalking?  
 Stalking is a Crime!  
 Who is a Stalker?  
 Stalking Statistics  
 Is Stalking Serious?  
 Forms of Stalking  
 CyberStalking

Stalking is unwanted, repeated or persistent harassing and/or threatening behavior that intimidates and arouses anxiety or fear. Stalking can be directly or indirectly communicated. It is not a crime of passion, but rather a crime of power and control over another individual. Stalking can be dangerous and even life-threatening, so take all threats seriously.

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2108N - STALKING EDU-SLIDER - NATIVE

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**The Truth About Stalking**  
 KNOW IT. NAME IT. STOP IT.

**Stalker Tactics:**

- Makes unwanted phone calls, text messages, voicemails, emails & social media messages
- Approaches victim/shows up places where victim is
- Leaves victim unwanted cards, letters, flowers or presents
- Watching, following, or spying on the victim
- Leaves strange or threatening items for the victim
- Breaks into victim's car or home

**Stalking Quick Facts:**

- About 1 in 6 women and 1 in 17 men experience stalking
- About 3 in 4 stalking victims know their stalker.

If you are being stalked and are in immediate danger, CALL 911 OR GO TO THE NEAREST POLICE STATION.

Don't respond to communication from the stalker. Keep a log of all contact including date/time and what happened.

Save all messages, packages, letters and gifts from the stalker. If needed, get a restraining order (order of protection) and never go home if you are being followed; drive to a police station.

FOR MORE INFORMATION, CALL VICTIMCONNECT AT:  
**855-4-VICTIM**  
 OR SAFEHORIZON AT:  
**800-621-HOPE**

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4511 - STALKING WALLET CARD

What is Stalking, Trafficking, and MMIP?

Stalking, trafficking, and MMIP are serious crimes that can have a significant impact on your life. Learn more about these crimes and how to protect yourself.

**STALKING, TRAFFICKING, and MMIP**

4560N - STALKING, TRAFFICKING, & MMIP MINI BROCHURE - NATIVE

# STALKING AWARENESS


## WHAT IS STALKING

**Stalking is:**  
A pattern of repeated and unwanted attention, harassment, contact, or any other course of conduct directed at a specific person that would cause a reasonable person to feel fear, according to the Department of Justice. Similar to crimes of sexual violence, stalking is about power and control.

**Stalking Behaviors:**  
Stalking laws and definitions differ from state to state. Stalking behavior can take many forms, including:

- Making threats against someone or that person's family or friends.
- Non-consensual communication, such as repeated phone calls, emails, and text messages.
- Repeated physical or visual closeness, like waiting for a person to arrive at specific locations, following someone or watching someone from a distance.
- Any other behavior used to contact, harass, track, or threaten someone.
- Repeated, unwanted phone calls, texts, messages, etc. that may or may not be threatening.
- Observing, following, or "incidentally" showing up wherever the person goes.
- Waiting outside the person's class, home, job, car, etc.
- Waiting outside the person's class, home, job, car, etc.
- Leaving notes, gifts, or other items for someone.
- Vandalism or destruction of property.
- Breaking into the person's home or car.
- Collecting information about the person through friends, family members, co-workers, or acquaintances.
- Contacting other people to gain information about how to access them.

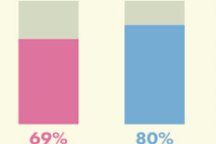
### Stalking Victimization:



**1 in 3 Women 1 in 6 Men**  
have experienced stalking victimization at some point in their lifetime.


40% by a current/former intimate partner  
42% by an acquaintance

The vast majority of stalking victims are stalked by **someone they know**.




69% of female and 80% of male stalking victims were threatened with physical harm.


### Impact of Stalking On Victims:




- 46% of stalking victims fear not knowing what will happen next.
- 29% of stalking victims fear it will never stop.



- 1 in 8 employed stalking victims lose time from work as a result of their victimization and **more than half** lose 5 days of work or more.



- 1 in 7 stalking victims move as a result of their victimization.



- Stalking victims **suffer much higher rates of depression, anxiety, insomnia, and social dysfunction** than people in the general population.

### If You Suspect You Are Being Stalked, Ask Yourself These Questions:

1. Does someone always seem to be just around the corner when you are going to work, are out with friends, or are in your neighborhood?
2. Does someone keep making unwanted phone calls to your home or work?
3. Are you receiving repeated letters, gift, cards, social media posts, or emails even though you told the sender to stop?
4. Has someone tried to get information about you from a third person, like a family member, friend, or co-worker?

### What Should I Do If I'm Being Stalked?

If you think you are being stalked, please know you are right to be concerned, as stalking may escalate in behavior. Here are some ways to identify healthy, unhealthy, and alarming behaviors that may require additional help or support:

- Healthy boundaries are when: You say "no," and the other person respectfully leaves and does not contact you again.
- Unhealthy behaviors are when: You say "no," and the other person contacts you again.
- Call the police/seek help when a person: Contacts you repeatedly, shows up where you are, indirectly threatens you, is disrespectful, or does not take "no" for an answer.
- Call 911 when: The other person directly threatens you, tries to harm you physically, hurts you, or damages your property (including your pets).

4529 - STALKING AWARENESS EDU-DISPLAY  
4259B - GRAPHICS ONLY

## Stalker Tactics

KNOW IT. NAME IT. STOP IT.

- Made unwanted phone calls & hang-ups
- Approached victim/showed up places where victim was
- Left unwanted text messages or voicemails
- Left victim unwanted cards, letters, flowers or presents
- Sent unwanted emails/social media messages
- Watched, followed, or spied on victim
- Left strange or threatening items
- Broke into victim's car or home

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2197 - MINI RETRACT-A-BANNER  
TEMPLATE HA-05



Things to Record:

- Date/ Time of Incident
- Description of Incident
- Location of Incident
- Witnesses (Name & Phone #)
- Police Called?

(Report #, Officer Name & Badge #)

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Your Imprint Here

Incident Jotter

4668 - INCIDENT JOTTER

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KNOW IT. NAME IT. STOP IT.

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4510 - STALKING AWARENESS  
MAGNET



# STALKING AWARENESS

1595SH - SEXUAL HARASSMENT AWARENESS RETRACT-A-BANNER

TEMPLATE: HA-04

## Stalking On College Campuses

**1 in 10** Undergraduate Women & **1 in 33** Undergraduate Men Are Victims Of Stalking

### Student Stalking Relationships

Current Intimate Partner	14%	Former Intimate Partner	33%
Classmate	18%	Friend	25%
Acquaintance	31%		

Young adults ages 18-24 experience the highest rates of stalking among adults.

**HELP SEEKING**  
Who Do Student Victims Tell  
92% Friends or Family  
29% Campus Resource

**THE MOST COMMON STALKING BEHAVIOURS EXPERIENCED BY COLLEGE VICTIMS INCLUDE:**

- Unwanted voice or text messages
- Unwanted e-mails or social media messages
- Being approached/stalker showing up where unwanted

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TEMPLATE: HA-05

## STALKING & LGBTQ+ INDIVIDUALS

LGBTQ+ individuals are more likely than heterosexual and cisgender individuals to experience stalking victimization

### STALKING VICTIMIZATION BY SEXUAL ORIENTATION

**BISexual**  
1 IN 3 WOMEN & 1 IN 14 MEN

**LESBIAN/GAY**  
1 IN 5 WOMEN & 1 IN 9 MEN

**HETEROSEXUAL**  
1 IN 6 WOMEN & 1 IN 20 MEN

**59%** of male victims & **86%** of female victims are stalked by **MEN** regardless of sexual orientation.

The majority of LGBTQ+ victims are stalked by someone they know - most likely an acquaintance, neighbor, coworker, or roommate

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TEMPLATE: HA-06

## STALKING in the United States

**1 IN 3 WOMEN & 1 IN 6 MEN** EXPERIENCE STALKING AT SOME POINT IN THEIR LIFETIMES.

### WHO ARE STALKERS?

42%	ACQUAINTANCES
40%	INTIMATE PARTNERS
19%	STRANGERS
8%	BRIEF ENCOUNTERS
8%	FAMILY MEMBERS
4%	PERSONS OF AUTHORITY

### MOST COMMON STALKING TACTICS EXPERIENCED BY VICTIMS

75%	UNWANTED PHONE CALLS
57%	APPROACHED/SHOWED UP
57%	TEXTS, EMAILS, MESSAGES
52%	FOLLOWED & WATCHED
26%	SENT GIFTS, CARDS, LETTERS

**3 STALKERS HAVE STALKED BEFORE**

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1595DV - DOMESTIC VIOLENCE RETRACT-A-BANNER

TEMPLATE: DV-15

## STALKING & DOMESTIC VIOLENCE

On average, intimate partner stalkers pose the greatest threats to their victims.

**2 YEARS** is the average duration of intimate partner stalking

**43%** of female & **32%** of male Stalking victims are targeted by (current or former) intimate partners

### WHEN DOES STALKING OCCUR?

DURING RELATIONSHIP	21%
DURING & AFTER RELATIONSHIP	38%
AFTER RELATIONSHIP	43%

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